

S.No .	Scale/Construct	REFERENCE
1	Anasakti Scale	Singh, K., & Raina, M. (2015). Development and validation of a test on Anasakti (non-attachment): an Indian model of well-being. <i>Mental Health, Religion & Culture</i> , 18(9), 715–725. https://doi.org/10.1080/13674676.2015.1084612
2	Adolescent Resilience Questionnaire (ARQ)	Singh, K., Bandyopadhyay, S. & Tyagi, K. The Brief 35-Item ARQ: Validation of the Adolescent Resilience Questionnaire in India. <i>Psychol Stud</i> 67, 99–109 (2022). https://doi.org/10.1007/s12646-022-00643-0
3	Ashtanga Yoga	Raina, M., & Singh, K. (2018). The Ashtanga Yoga Hindi Scale: An assessment tool based on Eastern philosophy of yoga. <i>Journal of religion and health</i> , 57(1), 12-25. https://link.springer.com/article/10.1007/s10943-015-0096-4
4	Agni Assessment Scale	V A, Singh K, G S, Rao BC, Srikanth N, Acharya R. Development and Preliminary Psychometric Evaluation of Agni Assessment Scale: A Measure of Functional Digestive Capacity Based on Ayurveda. <i>Complement Med Res</i> . 2026;33(3):199-210. https://doi.org/10.1159/000551010 Epub 2026 Mar 3. PMID: 41774580.
5	Consumer Financial Well-Being (CFW)	Mahendru, M., Sharma, G. D., Ameen, N., Do, T. K., Periera, V., & Singh, K. (2025). Beyond Traditional Metrics: Developing and Validating a Multidimensional Scale for Consumer Financial Well-Being. <i>Psychology & Marketing</i> , 42(12), 3141-3161. https://doi.org/10.1002/mar.70029
6	Child and Youth Resilience Measure-28 (CYRM-28)	Singh, K., Bandyopadhyay, S., & Raina, M. (2022). Validation of the Child and Youth Resilience Measure-28 (CYRM-28) in India. <i>Journal of Indian Association for Child and Adolescent Mental Health</i> . https://doi.org/10.1177/09731342221141453
7	Flourishing Scale (FS)	Singh, K., Junnarkar, M., & Jaswal, S. (2016). Validating the flourishing scale and the scale of positive and negative experience in India. <i>Mental Health, Religion & Culture</i> , 19(8), 943-954.

7	Scale of Positive and Negative Experiences (SPANE)	Singh, K., Junnarkar, M., & Jaswal, S. (2016). Validating the flourishing scale and the scale of positive and negative experience in India. <i>Mental Health, Religion & Culture</i> , 19(8), 943-954.
8	Flow Scale	Singh, K., Junnarkar, M., Kaur, J. (2016). Flow Scale-Construction and Validation. In: Measures of Positive Psychology. Springer, New Delhi. https://doi.org/10.1007/978-81-322-3631-3_4
9	Happiness Scale	Singh, K., & Saxena, G., (2024). Developing a new psychometric measure of happiness for diverse population in india. In <i>Sage Research Methods: Diversifying and Decolonizing Research</i> . SAGE Publications, Ltd., https://doi.org/10.4135/9781529690033
10	Happiness-Increasing Strategies Scale (H-ISS)	Singh, K., Nagpal, N., Midha, S., & Chahal, D. (2025). A Shorter Version of the Happiness-Increasing Strategies Scale in the Indian Context. <i>SAGE Open</i> . https://doi.org/10.1177/21582440251336511
11	Harmony in Life Scale (HILS)	Singh, K. , Mitra, S., & Khanna, P. (2016). Psychometric properties of Hindi translated version of Peace of Mind, Harmony in Life and Sat-Chit-Ananda Scales. <i>Indian Journal of Clinical Psychology</i> , 43(1), 58-64.
12	Interpersonal and Intrapersonal Strengths	Singh, K., Junnarkar, M., & Kaur, J. (2016). Development and validation of new interpersonal and Intrapersonal strength measures. In <i>Measures of Positive Psychology: Development and Validation</i> . New Delhi: Springer India.
13	Mindfulness	Singh, K., Junnarkar, M., & Kaur, J. (2016). Mindfulness and its Assessment. In <i>Measures of Positive Psychology: Development and Validation</i> . New Delhi: Springer India.
15	PERMA	Singh, K. & Raina, M. (2020). Demographic Correlates and Validation of PERMA and WEMWBS Scales in Indian Adolescents. <i>Child Indicators Research</i> , 13(4), 1175-1186.
15	Warwick Edinbrugh Mental Wellbeing Scale (WEMWBS)	Singh, K. & Raina, M. (2020). Demographic Correlates and Validation of PERMA and WEMWBS Scales in Indian Adolescents. <i>Child Indicators Research</i> , 13(4), 1175-1186. https://link.springer.com/article/10.1007/s12187-019-09655-1

16	Positive Personality Traits Questionnaire (PPTQ)	Singh, K., Jha, S.D. (2010). The Positive Personality Traits Questionnaire: Construction and Estimation of Psychometric Properties. <i>Psychol Stud</i> 55, 248–255. https://doi.org/10.1007/s12646-010-0027-0
17	Pursuit of Happiness (Happy Habits) Scale	Singh, K., Saxena, G., & Bandyopadhyay, S. (2026) Development and validation of the Pursuit of Happiness Scale. <i>International Journal of Wellbeing</i> , 16(1), 4807, 1-28. https://doi.org/10.5502/ijw.v16i1.4807
18	Resilience Scale	Singh, K., Junnarkar, M., & Kaur, J. (2016). The Assessment of Resilience. In <i>Measures of Positive Psychology: Development and Validation</i> . New Delhi: Springer India.
19	Sat-Chit-Ananda Scale	Singh, K. , Khari, C., Amonkar, R., Arya, N.K., & Kesav, S.K. (2013). Development and Validation of a New Scale: Sat-Chit-Ananda Scale <i>International Journal on Vedic Foundations of Management</i> , 1(2), 54-74.
20	Spirituality	Singh, K., Junnarkar, M., & Kaur, J. (2016). Spirituality and its Assessment. In <i>Measures of Positive Psychology: Development and Validation</i> . New Delhi: Springer India.
21	Sukha Dukha	Singh, K., Raina, M., & Sahni, P. (2017). The Concept and Measure of Sukha Dukha : an Indian Perspective on Well-being. <i>Journal of Spirituality in Mental Health</i> , 19(2), 116-132. https://www.tandfonline.com/doi/abs/10.1080/19349637.2016.1231604
22	Swadhyaya	Singh, K., & Sahni, P. (2016). Swadhyaya Scale: An Indian Perspective. <i>The International Journal of Indian Psychology</i> , 4(1), 5-14.
23	Vikaras	Sharma, S., & Singh, K. (2016). Development and validation of Vikaras Hindi Scale. <i>Mental Health, Religion & Culture</i> , 19(5), 420–432. https://doi.org/10.1080/13674676.2016.1189891
24	Well-Being	Singh, K., Junnarkar, M., & Kaur, J. (2016). Well-Being and its Assessment. In <i>Measures of Positive Psychology: Development and Validation</i> . New Delhi: Springer India.